

What if you could

BOOST YOUR INCOME

by as much as 50 per cent¹?

It might be possible!

File your taxes and find out.



Filing a tax return is the **only way** to apply for most benefits and credits that can add to your income or reduce the tax you pay.*

*Amounts shown are according to the Canada Revenue Agency as of November, 2024 and rounded to the nearest 100.

Living on a low income?

If you get **social assistance** or earn a **low wage**



You could get the **GST/HST credit**

and receive between

\$500 to \$1400

annually depending on whether you're single, have a spouse or have children.

If you have **children** under the age of 18



You could be eligible for the **Canada Child Benefit**

and receive between

\$6600 to \$7800

annually per child depending on your income and the age of your children.

If you are a **senior** over the age of 65



You could get the **Guaranteed Income Supplement**

and receive between

\$700 to \$1900

monthly when combined with the **Old Age Security**, depending on whether you're single or have a spouse.

If you **work** and live on a **low income**



You could get the **Canada Workers Benefit**

and receive between

\$1500 to \$2600

annually depending on whether you're single, have a family, or are eligible for the **Disability Tax Credit**.

If you or your child live with a **disability**



You could get the **Disability Tax Credit** and

pay less tax and unlock other benefits

like the **Registered Disability Savings Plan**, the **Canada Workers Benefit** disability supplement, the **Child Disability Benefit** and, beginning in July 2025, the new **Canada Disability Benefit**.

"I had no idea how it worked. I thought they would just take my money, but I got money back."

- First-time tax-filer in Thunder Bay, Ontario



community food centres
CANADA good food is just the beginning